Exposure Control Measures

For the COVID-19 Outbreak

It’s important to understand the practice of good personal hygiene both in the cab of your truck, truck stop facilities, restaurants and dock situations.

The STA would like to thank the British Columbia Trucking Association (BCTA) for their quick action compiling the following exposure limiting measures.

In response to COVID-19, motor carriers should take the following measures:

- Implement a company-wide, self-distancing policy for all employees requiring a minimum physical distance of 1-2 meters between individuals. This includes avoiding standard greetings that require physical contact such as shaking hands.
- Increase regularly scheduled cleaning with a disinfecting agent such as antimicrobial disposable wipes or a bleach solution, particularly inside each power unit and shared spaces.
- Request that all drivers, as part of their post-trip inspection, wipe down all shared spaces with a disinfecting agent. This includes the steering wheel, dashboard, radio/telematics devices, door handles, gear shift, etc.
- Where feasible, provide drivers with a suitable power unit and sufficient supplies (e.g., food, water, disinfectant wipes, hand sanitizer, etc.) to enable self-isolation during a trip. Require drivers to thoroughly wash their hands or use an alcohol-based hand sanitizer immediately after fueling or visiting a public establishment.
- Request that all drivers avoid any unnecessary public establishments or mass gatherings, unless approved by dispatch.
- Request that all drivers, after returning to their home terminal from outside the province self-isolate on their days off.
- Require drivers to self-declare to dispatch and to 811 or their health care practitioner, if they have come in contact with anyone who has COVID-19 and self-isolate if instructed by a health practitioner.
- Require drivers, if they exhibit symptoms of COVID-19 (e.g., fever, dry cough, etc.) to call 811 or their health practitioner, and self-isolate for up to 14 days pending test results and unless instructed otherwise by a health practitioner.